Kwanzaa is an annual seven-day African-American and pan-African holiday celebration that takes place from December 26 to January 1. For seven days, a principle (Nguzo Saba) is reflected upon such as unity, self-determination, collective work and responsibility, cooperative economics, purpose, creativity, and faith. The final day climaxes with gift-giving and a feast called Karamu Ya Imani. The festival is a nonreligious holiday inspired by West African harvest celebrations. The word Kwanzaa means “first fruits.”