



Happy Arafah Day!

Holy Day of Arafah

Islam

[Ara-fah](#) 

The Day of Arafah is known as the day where if sought after, millions of Muslims' sins are forgiven by Allah [peace be upon him]. Arafah is also known as the day Allah [peace be upon him] perfected the religion of Islam.

Date

- The Day of Arafah falls on the 9th day of the 12th and final month of the lunar Islamic Calendar and it is the day before the major Islamic holiday of Eid al-Adha.
- Link to [Interfaith Calendar](#) for exact date/year lookup.

Greetings

To wish the celebrant a Happy Arafah Day is welcome.

Common Practices and Celebrations

- It is a holiday of prayer, fasting and repentance.
- Arafah is a special day for worship; it is not considered a holiday.

Common Dietary Restrictions

- Fasting is common but optional.
- Many Muslims follow halal food guidelines, meaning food that is permissible by Islamic standards.
- Vegetarian meals prepared without alcohol meet halal standards.

Impact to U-M Community

- Muslim colleagues and students may request to take the first day of the celebration off. Colleagues and remote students in Muslim countries will likely have a national holiday.
- Link to [U-M Guidance Regarding Conflicts.](#)

U-M Campus resources

- [Maize Pages - Muslim](#), U-M
- [Association of Religious Counselors](#), U-M
- [Reflection Rooms](#)

Information Resources

- [Wikipedia](#)
- [National Today](#)

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This collection of information sheets on major holidays and cultural events is a joint partnership of the School of Information staff, the Office of Diversity, Equity, and Inclusion, and the Office of the Provost. Facts have been vetted by U-M's Association of Religious Counselors (ARC), and other campus groups. Public feedback is welcome; please email DEIHolidayFacts@umich.edu.